



4.1.2 The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.

Sports and Games

The institute provides excellent facilities for sports and games. The college has various fields

Outdoor

1. Football / Cricket	01
2. Volleyball Court	02
3. Throwball Court	01
4. Basketball Court	01
5. Kabaddi	02
6. Cricket net practice	02

Indoor

1. Table Tennis	06
2. Carrom	06
3. Chess	06
4. Yoga facility (100 Seat)	01

Our college students have participated and won prizes in District, Zonal, University, State and National level. A full time Physical director works for the physical fitness of students and sports activities. Sports event competitions are conducted in inter departmental, inter college level and state level in an academic year and the winners and participants are awarded in Annual Sports Day.

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Fitness Centre – Gym

Modern Gym (648 Sq.ft) offers a fun and safe learning environment that gives weight training, strengthening and weight loss programmes. The facilities which include

LIST OF EQUIPMENTS	
Multi Gym	Leg Extension
Preacher Curl Bench	Multi Adjustable Bench Press
Cable cross over machine	Sitting and Standing Twister
Leg Press	Spin Bike
Round Dumbbells (Rubberized)	Rubber Weight Plates
Olympic Curl Bar	Olympic Weight lifting Bar
Chrome Push up Bar	Triceps rope

Cultural Activities

Cultural Activities are conducted in fresher's day, hostel day, college day, Independence and Republic Day celebrations to encourage the student's multi -talents in various aspects as well as to make the students to relax and enjoy. During the cultural fest, talents of the students are exhibited through onstage and off-stage events like Singing, Dancing, Drama, Mimic, Mime, Essay Writing, Vegetable Carving, Rangoli, Pot painting, Collage, Face painting, Fashion show, etc. Through healthy competition, incredible performance of the students from various disciplines is recognized on that special occasion.

1. Keyboard
2. Guitar
3. Drum set
4. Tableau
5. Amplifier with PA system
6. Projector
7. AC Auditorium with sound proof facility

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SPORTS FACILITIES

Indoor Games

S.No	Facilities	Building	Floor	Room No	Area (Sq.m)	AICTE Norms (Sq.m)
1	Physical Education	Main Building	Fourth Floor	505	19.7	44.22
2	Indoor	Main Building	Fourth Floor	507	208.5	215.93
3	Yoga Class Room	Main Building	Fourth Floor	506	208.5	-

Out Door Games

Sl.No	Facilities	Quantity	Capacity/ Area (Sq.m)	Location	Year of Establishment	User rate (%)
1	Football	1	9375	Main Building back Side	2006	50
2	Cricket Nets	2	101.6	Main Building back Side	2007	10
3	Volleyball Kabaddi	2 1	2023	Canteen Back Side	2010	70
4	Basketball	1	831.6	Main Building back Side	2010	35
5	Gym	1	60.2	Main Building	2016	25

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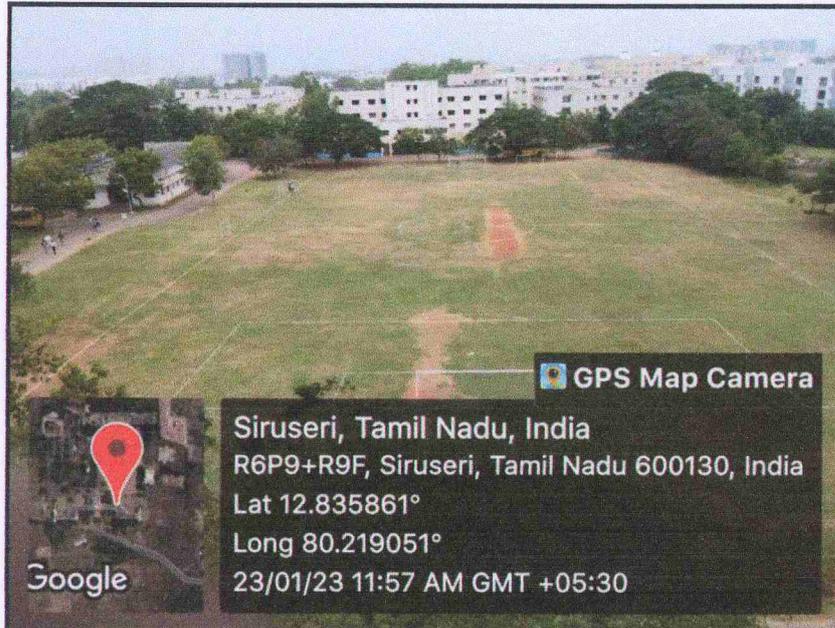


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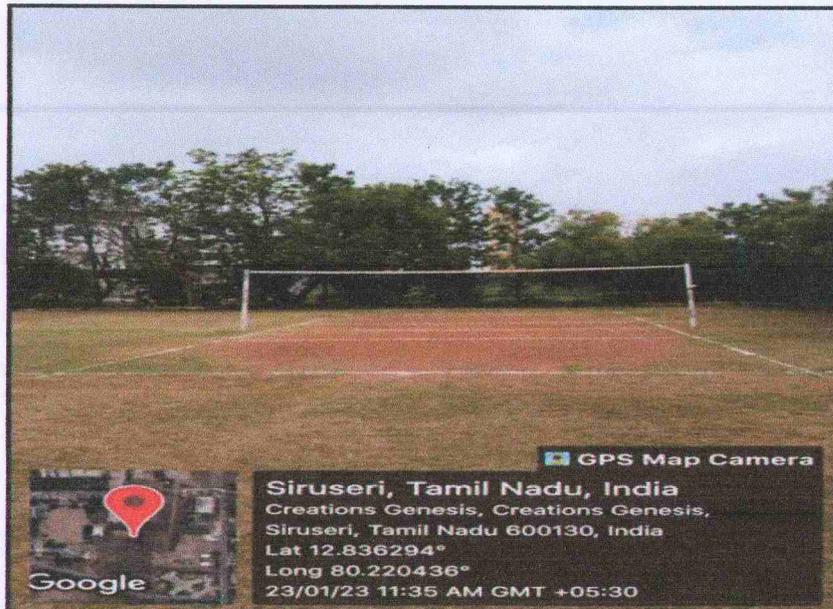
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FOOTBALL



VOLLEYBALL



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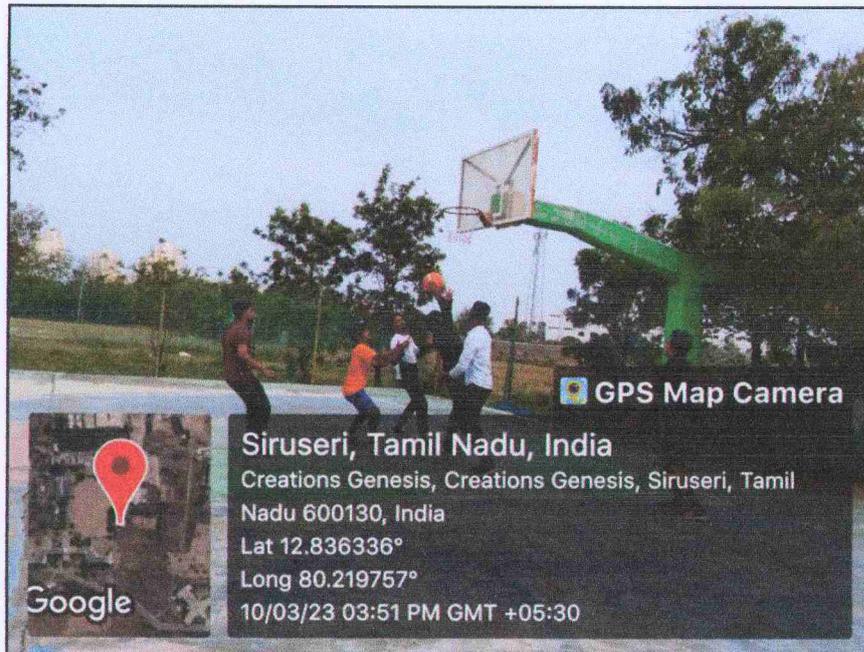


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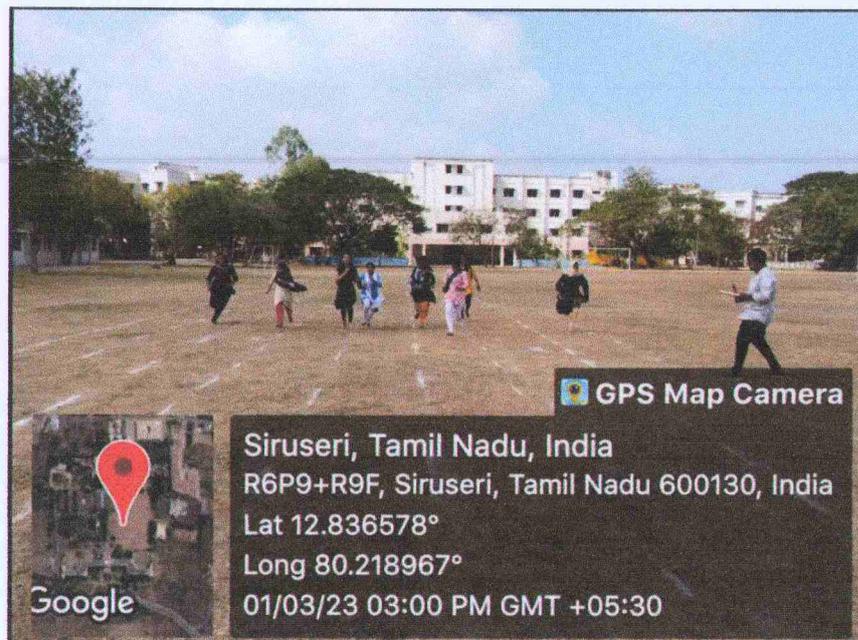
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BASKETBALL



RUNNING




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TABLE TENNIS



CHESS




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CARROM



CRICKET NETS

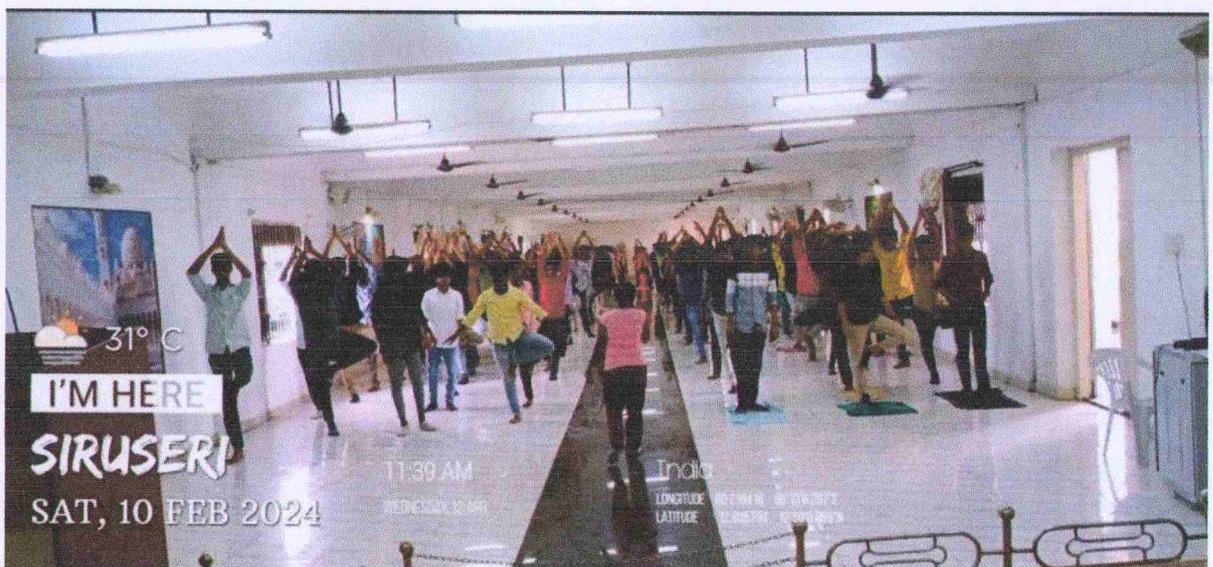
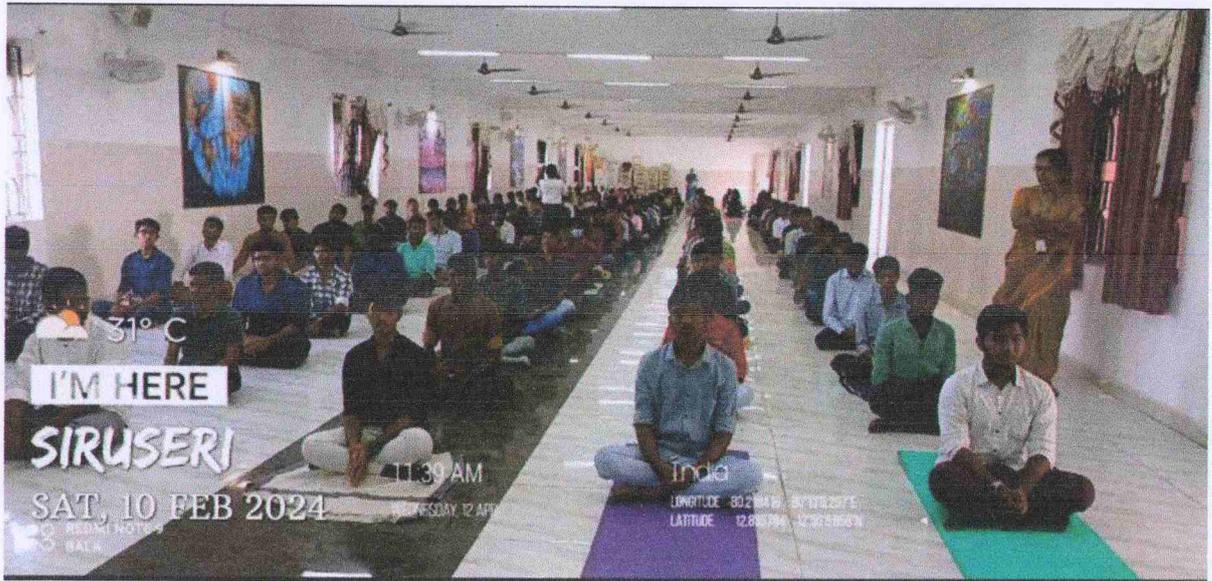



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YOGA

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a physical, mental and spiritual practice. It plays an important role in relaxing the mind and body and boosting people's immune system.




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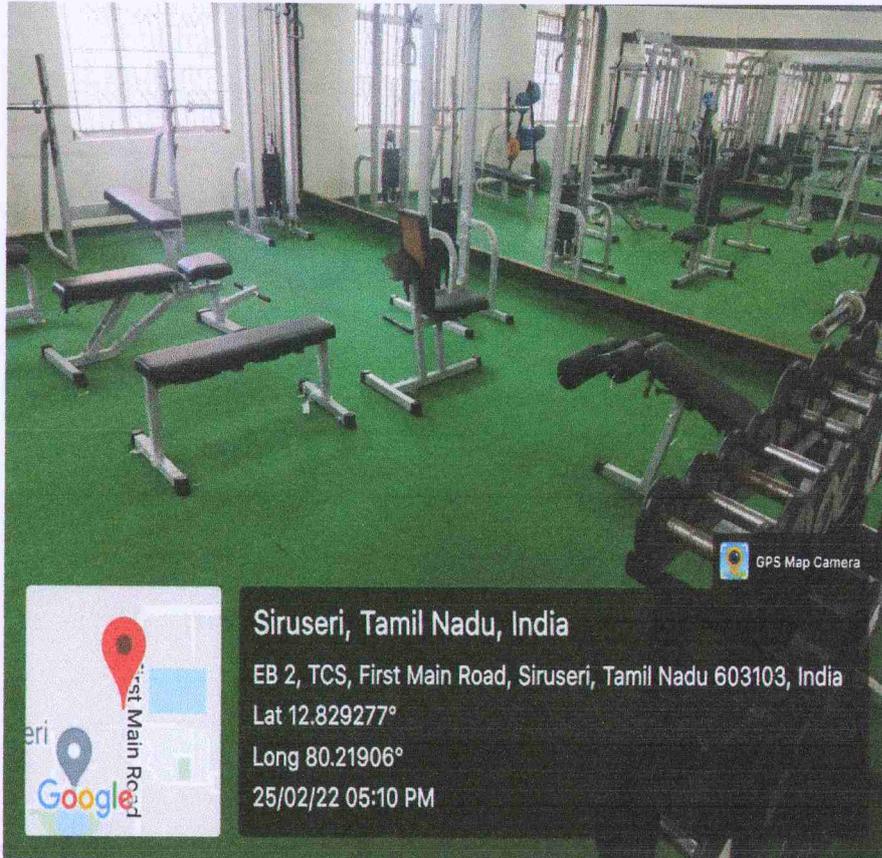
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GYM

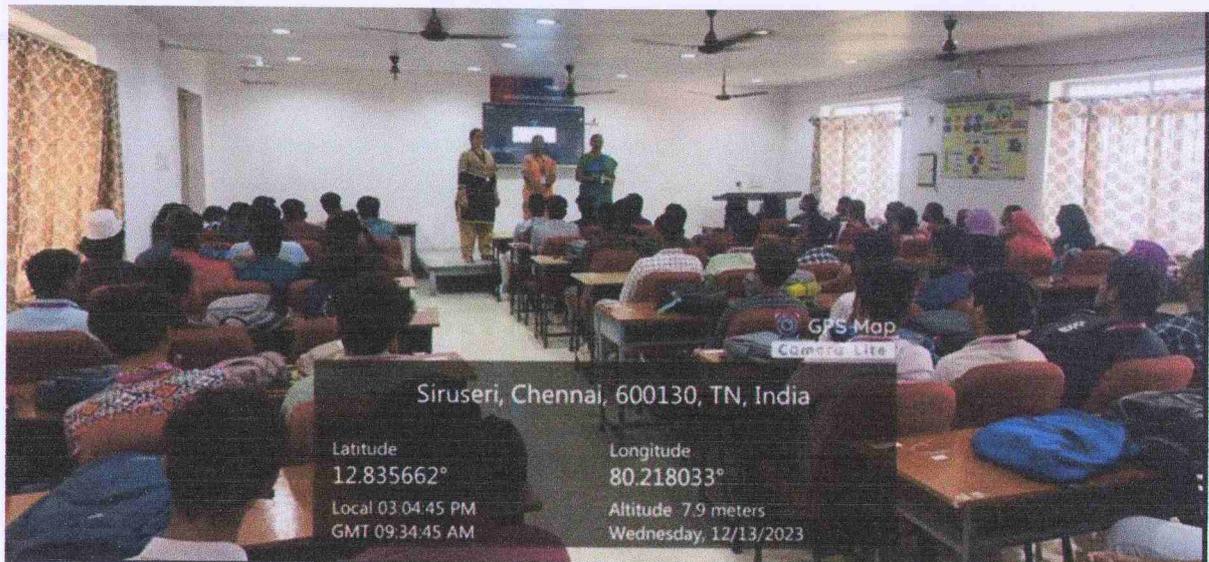
Students are given special attention to health and fitness in the gym to guarantee a sound body and mind. The college campus now boasts a contemporary gym with all of the necessary equipment.




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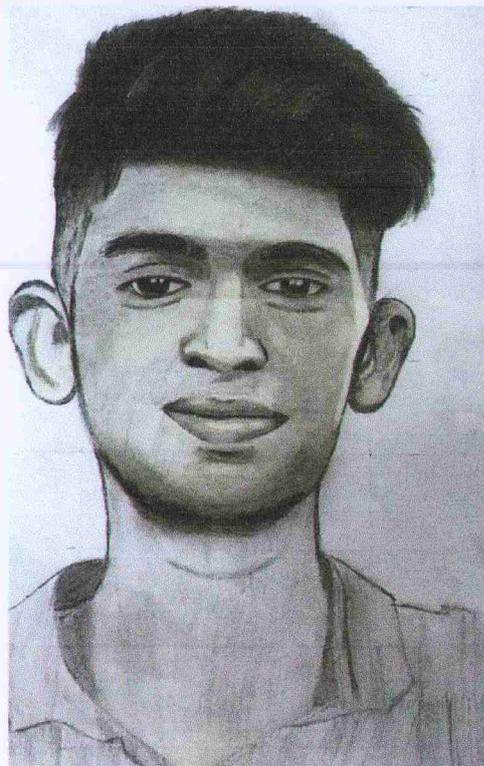
CULTURAL ACTIVITIES




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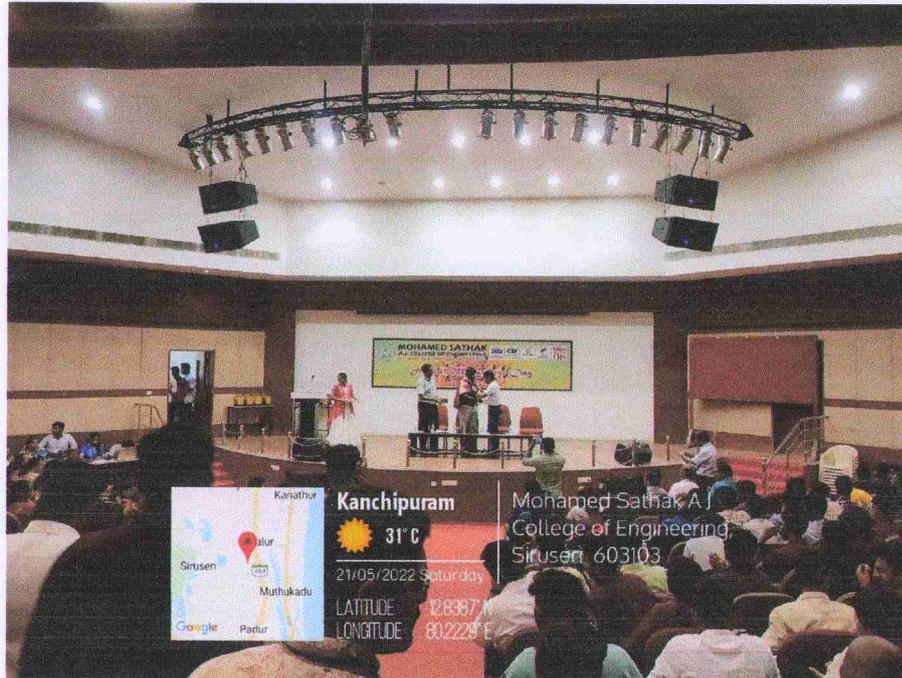
PENCIL ART



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AUDITORIUM



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